



**13th Continental African Championships for
T&T and RG
Walvis Bay, Namibia, NAM
27th August 2016 – 3rd September 2016**



DIRECTIVES

Event ID: 14836

Dear FIG affiliated Member Federation,

The Gymnastics Federation of **NAMIBIA** has the pleasure to invite your Federation to participate in the aforementioned official UAG International Event.

DISCIPLINE	Trampoline Gymnastics Tumbling Double mini Trampoline Rhythmic Gymnastics Group Rhythmic Gymnastics	
HOST FEDERATION	Valereis Geldenhuys Venter –NGF President and Johan Kruger Dep. President 81 Strand Street Swakopmund NGF (Namibia Gymnastics Federation) phone number +264811283411 fax number +264 64 462659 e-mail valngf@iafrica.com.na web site: http://namgym.blogspot.com/	
LOCAL ORGANIZING COMMITTEE	Valereis Geldenhuys Venter / 81 Strand Street Swakopmund NGF (Namibia Gymnastics Federation) phone number +264 811283411 / fax number +264 64 462659 e-mail valngf@iafrica.com.na Skype: val.geldenhuys ☐ web site: http://namgym.blogspot.com/	SG NGF Sonja Olivier e-mail Sonja.Olivier@janolivierco.com
LOCATION	Walvis Bay, Namibia	
DATE	From 27th Aug till 3rd September 2016	
VENUE	Event Hall, Training and warm-up Hall Jan Wilkes Stadium 12 th Road web site: www.walvisbay.cc.org.na	
APPARATUS SUPPLIER	Tramp: Eurotramp 03250 Ultimate 4x4" DM"Ultimate DMT 6x6" Rhythmic: Gymnova floor FIG 6667B " London" Tumbling: Gymnova Tumbling tract Ref 6296 "Novatrack One Evolution".	
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none"> • Statutes • Technical Regulations • Code of Points and relevant Newsletters • General Judges' Rules • Specific Judges' Rules 	

- Doping Control Rules
 - License rules (except for non-competitive events)
 - Media Rules
 - Apparatus Norms
 - FIG Rules for Sanctioning (approval) of International Events
 - Advertising and Publicity Rules
- and subsequent decisions of the FIG Executive Committee*

FEDERATIONS INVITED

The Organizing Member Federation will invite all Member Federations according to the following principles:

Namibia, RSA, Egypt, Algeria, Zimbabwe, Tunisia, Mozambique, Nigeria, Morocco, Senegal, Benin, Congo, Ethiopia, Cape Verde

All FIG affiliated member federation in Africa that are in good standing with the FIG and the UAG may participate.

AGE LIMITS

TRA, DMT & TUM: Senior Category - 17 and over
Junior Category - only one age group, 13-17

RG: 13-15, Junior:
16 and over, Senior

Individual Trampoline Junior M and F,
Senior M & F
Team events Senior and Junior M & F

Synchro Trampoline Junior M (2) and F (2)
Senior M & F - **no team event**

DMT Junior M and F
Senior M & F Team events
Senior and Junior M & F

Tumbling Junior M and F
Senior M & F
Team events Senior and Junior M & F

Groups-RG or not PARTICIPATION Group (5 competitors) **PLEASE URGENTLY INFORM OF POSSIBLE**

RG Juniors and Seniors Individual Team Apparatus

The maximum size of the invited delegation is as follows:

Discipline	Junior	Seniors	Coach	Judge	HO D	Manager / Medical	Total
FEDERATION					1	1	2
RHYTHMIC	4	4	4 Max	2			14
RHYTHMIC GROUP	5+1	5+1	1	1			14
TRAMP MALE	4	4	2 Max	1			11
TRAMP FEMALE	4	4	2 Max	1			11
SYNCHRO MALE							
SYNCHRO FEMALE							
DOUBLE MINI TRAMPOLINE MALE	4	4	2 Max	1			11
DOUBLE MINI TRAMPOLINE FEMALE	4	4	2 Max	1			11
TOTAL							74

JUDGES AND JURIES

All gymnasts must have a valid FIG licence

The number of judges each participating federation must provide will be determined following receipt of the Definitive Entries. Federations will be required to provide a specific number of judges based on the number of athletes their federation has registered. The LOC has submitted a request to have the event FIG sanctioned in which case all judges need to be FIG Brevet judges. Federations with larger teams will be required to provide a greater number of judges than those with smaller teams.

	<p>All judges must have a current valid FIG brevet at the time of the event.</p> <p>Failure to provide judges as mentioned above will result in an OC charge of 150 USD to the federation concerned (non-refundable). This fine must be paid to the OC by 30th August 2016.</p>									
<p>REGISTRATION DEADLINES</p>	<p>Please insert the deadlines for your event. Please note that the provisional registration is not compulsory, only the definitive and nominative deadlines are compulsory.</p> <table border="1" data-bbox="359 353 1316 465"> <tr> <td>Provisional registration</td> <td>15 April 2016</td> <td></td> </tr> <tr> <td>Definitive registration:</td> <td>15 May 2016</td> <td>Must be filled in</td> </tr> <tr> <td>Nominative registration</td> <td>15 June 2016</td> <td>Must be filled in</td> </tr> </table>	Provisional registration	15 April 2016		Definitive registration:	15 May 2016	Must be filled in	Nominative registration	15 June 2016	Must be filled in
Provisional registration	15 April 2016									
Definitive registration:	15 May 2016	Must be filled in								
Nominative registration	15 June 2016	Must be filled in								
<p>ENTRY FEES</p>	<p>The Entry fee for the UAG for this event will be: 100 USD per attending member federation. The invited participating federations must pay entry fees at the time of the Definitive Registration (15 May 2016) to the UAG. The entry fee is not refundable.</p> <p>The Entry fee for the African Championships</p> <p>The cost per person / night is 50 EURO. (See also accommodation) At the time of Definitive registration (15 May 2016) 50% of the costs for the accommodation and meals must be paid to the OC. The remainder of the payment must be paid to the OC at the deadline for Nominative registration (15 June 2016)</p> <p>As per the Technical Regulations the entry fee UAG must be sent in advance and before the stated deadline. Failure to send the UAG entry fee with the definitive entry shall constitute a late entry. Entry fees are NON-refundable. For the African Championships fee late entries may be accepted at the discretion of the organizing committee. Failure to send all entry fees with the Nominative Registration forms shall constitute a late entry. Late fees of 50 Euro per athlete will apply.</p> <p>Bank details for payments are as follows:</p> <p><u>UNION AFRICAINE DE GYMNASTIQUE for UAG Competition Fee</u></p> <p>Banque de Développement local Agence Emir Abdelkader 03 Place Emir Abdelkader 1600 – Alger – ALGERIE</p> <p>Ø IBAN N°: 005 170 457 117813 Ø CODE SWIFT BDL0DZAL Ø Compete N° 005 170 457 117813</p> <p><u>NAMIBIAN GYMNASTIC FEDERATION</u></p> <p>Bank details for payments are as follows:</p> <p>Account name: NGF-African Championships Bank: Bank Windhoek Branch: Swakopmund Swift Code: BWLINANX Branch code: 481-772 Account number: 8002386075</p> <p>When a payment is made kindly indicate clearly: that it is for <u>2016 AAC</u> and <u>country's name</u></p>									
<p>ACCREDITATION</p>	<p>Regarding accreditation procedures for all participating delegation members, electronic ID photographs must be sent via email to the OC within the deadline set for the Nominative registration.</p> <p>Note: The OC will be checking the validity of the gymnast's Licenses. No gymnast will be accepted without a valid FIG License at the deadline of the Nominative registration.</p>									
<p>EVENT FORMAT</p>	<p>The African Championships will comprise of qualifications and Finals and will determine Individual winners in each category, including Apparatus, All Around/Final, and Team.</p>									

PROVISIONAL SCHEDULE	Saturday	27 Aug 2016	Arrival of RG delegations, Accreditation, Free training in afternoon Orientation meeting
	Sunday	28 Aug 2016	Arrival of DM , TUMBLING and TRAMPOLINE Orientation Meeting for T&T Scheduled training, RG UAG TC meetings, RG UAG Executive meeting Opening Ceremony
	Monday	29 Aug 2016	Scheduled training, UAG TC meeting DM , TUMBLING and TRAMPOLINE Judges meeting for Rhythmic Gymnastics Podium training RG 1.Competition 2 Apparatus Jun and Sen and Group Jun Scheduled training for DM, Tumbling and Trampoline
	Tuesday	30 Aug 2016	Scheduled training, TC UAG meeting for DM , TUMBLING and TRAMPOLINE Judges meeting for Rhythmic Gymnastics Podium training RG 2.Competition and RG 2 apparatus Jun and Sen and Group Scheduled training for DM, Tumbling and Trampoline
	Wednesday	31 Aug 2016	Judges meeting for Rhythmic Gymnastics Podium training 3.Competition Rhythmic Gymnastics Apparatus Finals and Group finals Jun and Sen Scheduled training DM ,Tumbling and Trampoline
	Thursday	1 Sept 2016	Judges meeting for Trampoline and Synchro Podium training 4.Competition Q TRAMPOLINE + Q Synchro Jun and Sen and Synchro finals Scheduled training DM and TUMBLING
	Friday	2 Sept 2016	Judges meeting Double Mini Trampoline , Tumbling qualifying and Trampoline finals Podium training 5. Competition, Q DMT, Q TUMBLING and TRAMPOLINE FINALS for Jun and Sen
	Saturday	3 Sept 2016	Judges meeting Double Mini Trampoline and Tumbling finals 6. Competition, DMT and TUMBLING FINALS Jun and Sen Farewell function for All
	Sunday	4 Sept 2016	Departure of delegations (possible election UAG)
MEDICAL SERVICES	Emergency Medical Team on site with stand-by Ambulance. Event Doctor on call.		
VISA	Please verify immediately with your travel agent or the Namibian Embassy or Consulate in your country if a visa is required for your travel to Namibia (NAM) The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 05 April 2016 to the OC. The request must include the function, full name, gender, date of birth, citizenship p and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.		
INSURANCE	The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation		

	<p>(except for gymnasts and Judges). The OC needs to verify the insurance before arrival of the delegation members (e.g. cover note or photocopy of the valid policy and requests all delegations to submit cover note of the valid policy by latest 9 APRIL 2016. Delegation members with insufficient insurance cover must inform the OC in advance.</p> <p>INTERNATIONAT TRANSPORTATION. The invited participating federations must pay for the travel costs of their delegation members. Port of entry for delegations flying into WALVIS BAY NAMIBIA –NOT WINDHOEK which is 400km away and NGF will not assist in Transport from there. You will have to arrange and pay own transport.</p> <p>Insurance proof must be handed in as a copy during the Orientation meetings</p>						
INTERNATIONAL TRANSPORTATION	<p>The invited participating federations must pay for the travel costs of their own delegation members (see exception herein below).</p> <p>The Travel Schedule Form must be returned to the LOC by latest the 15th June 2016</p>						
LOCAL TRANSPORTATION	<p>Local transportation (i.e. from/to the WALVIS BAY airport, as well as from/to the Chalets (Participants) / Hotel (Judges) and the Event, Training, and Warm-up Halls) will be provided free of charge</p> <p>Sightseeing transport could be arranged at own cost. Arrange with LOC</p>						
ACCOMMODATION	<p>The invited participating federations must pay for the accommodation and meals expenses of their delegation members.</p> <p>The cost per person / night is 50 EURO.</p> <p>At the time of Definitive registration (15 May 2016) 50% of the costs for the accommodation and meals must be paid to the OC. The remainder of the payment must be paid to the OC at the deadline for Nominative registration (15 June 2016)</p> <p>Accommodation Fees are non-refundable after Nominative registration is confirmed (15 June 2016).</p>						
CANCELATION POLICY	<p>Accommodation and Entry Fees are non-refundable after Nominative registration is confirmed and paid (15th June 2016).</p>						
FINAL BANQUET	<p>The Final Banquet will be free of charge. All participating delegation members are welcome to attend the Closing Function.</p> <p>The tickets of the Closing Function for other non-delegation Members must be booked and paid to the LOC by 15th August 2016</p>						
BANK ACCOUNT INFORMATION OF FEDERATION	<p><u>NAMIBIAN GYMNASTIC FEDERATION</u> Bank details for payments are as follows: Account name: NGF-African Championships Bank: Bank Windhoek Branch: Swakopmund Swift Code: BWLINANX Branch code: 481-772 Account number: 8002386075</p> <p>The participating federation is responsible for covering all bank fees in connection with the bank transfers.</p>						
MARKETING	<p>FIG advertising and publicity norms must be respected</p>						
MEDIA	<p>Media Officer: Brit Adonis and TV Martin Ukarerani-NBC TV Web. Johannes Venter and Anieta de Klerk Media</p>						
SOCIAL MEDIA	<p>http://namgym.blogspot.com</p>						
DEADLINES SUMMARY	<table border="1"> <tr> <td>Provisional Registration</td> <td>15 April 2016</td> </tr> <tr> <td>Definitive Registration</td> <td>15 May 2016</td> </tr> <tr> <td>Nominative Registration</td> <td>15 June 2016</td> </tr> </table>	Provisional Registration	15 April 2016	Definitive Registration	15 May 2016	Nominative Registration	15 June 2016
Provisional Registration	15 April 2016						
Definitive Registration	15 May 2016						
Nominative Registration	15 June 2016						

	Accommodation Form	15 June 2016
	Travel Schedule Form	15 June 2016
	Visa Request Form	15 June 2016
	Payment of the Entry Fee	15 June 50% 15 July full 2016
	Payment of the Accommodation Costs	15 June 50% 15 June Full 2016
	Payment of the fine for missing judge	10 Aug 2016
ADDITIONAL INFORMATION	For Federations wishing to visit after the Championships to enjoy our super tourism, arrangements can be made to lengthen your stay at the accommodation and transport can be arranged as well if need be as many tourist companies collect one at your accommodation. THIS IS AT OWN COST however NGF will assist with the extension of your visit to ensure your comfort. Please inform the OC not later than the 15 ^h June of your intention. NGF will circulate excursion information very soon.	

Looking forward to welcoming you all to Namibia

Sincerely Yours,

Valereis Geldenhuys Venter

NGF President +OC

SEAS, Zone VI & UAG Executive Member

FIG Council Member

Cell No: +264 811283411

Tell +Fax: +264 64462659

Email: valngf@iafrica.com.na

Skype: val.geldenhuys ☺

Namibian Gymnastics Federation (NGF)
President: Valereis Geldenhuys Venter

P.O. Box 834, Swakopmund Namibia

Tel/Fax: +264 64 462659

Mobile: +264 811283411

Email: valngf@iafrica.com.na

Skype: val.geldenhuys



Stamp

Valereis Geldenhuys Venter

Swakopmund... 25th Feb 2016

Place and date:

Signature of the President or
Secretary General of the FIG affiliated NF