



1. GENERAL PRINCIPLES

The competition must be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in the Rhythmic Gymnastics World Challenge Cup Rules:

- Statutes
- Code of Ethics
- Technical Regulations
- License Rules
- Code of Points and relevant Help Desk
- General Judges' Rules
- Specific Judges' Rules for Rhythmic Gymnastics
- Medical Organization of the Official FIG Competitions
- Anti-Doping Rules
- Media Rules
- Apparatus Norms
- Rules for Advertising and Publicity
- Accreditation Rules
- Rules for Awards Ceremonies

and subsequent decisions of the FIG Executive Committee.

All participating Federations are commited to respect the Statutes and all FIG Regulations, especially with regards to the license, the age and nationality of the gymnasts, as well as the respective regulations concerning "Insurance" (FIG Technical Regulations).

National Federations which have not fulfilled their financial obligations towards the FIG and/or the Local Organizing Committee (LOC) will not be allowed to participate in those Portimão RG Competitions 2018.



RG World Challenge Cup Portimão | 2018 | Work Plan

2. ORGANIZING COMMITTEE

• INTERNATIONAL GYMNASTICS FEDERATION (FIG)

Contact	Mrs. MARTINET, Sylvie (FIG Coordinator)
Tel.	+41 (0) 21 321 55 15
E.mail	<pre>smartinet@fig-gymnastics.org</pre>
Website	www.fig-gymnastics.com

• FIG – TECHNICAL DELEGATE

Mrs. GIGOVA, Mariya (Member of the FIG RG TC)

• PORTUGUESE GYMNASTICS FEDERATION (FGP)

Contact Person |ARAÚJO, Paula (General Secretary)Tel. |+351 218 141 145E.mail |rgportugal@gympor.comWebsite |www.fgp-ginastica.pt

• LOCAL ORGANIZING COMMITTEE (LOC) OFFICIALS

President Executive Director Local Technical Director **General Secretariat Director** Head of Personnel for Equipment Head of Scoring Office Liaison for Juries Matters Official Doctor | Medical Services | Doping Press & MKT Coordinator Accommodation and Meals Coordinator Transportation services Coordinator Ceremonies and "Gala" Coordinator Protocol and Social Program Manager Volunteers Manager **Co-Organization** Support

Hospital

Mr. ROCHA, João Paulo Mr. SOUSA, Álvaro Mrs. SANCHES, Andreia Mrs. LOUREIRO, Teresa Mr. HORTA, Tiago Ms. CHAMBEL, Isabel Mrs. CARDOSO, Ana Isabel Ms. FERNANDES, Filipa Mrs. GUERREIRO, Manuela Mrs. CRUZ, Josefina Mr. MARTINS, Rui

Mrs. LUCAS, Ana

Mrs. JORGE, Patrícia Portimão City Hall Algarve Gymnastics Association Centro Hospitalar do Algarve HOSPITAL DE PORTIMÃO





3. ABOUT THE TRAINING AND COMPETITIONS

• VENUE AND TRAINING HALL

«PORTIMÃO ARENA - Parque de Feiras e Exposições» Adress: Caldeira do Moinho; 8500-726 Portimão Phone: + 351 282 470 870





• TRAINING FACILITIES

According with the FIG Technical Regulations:

- Minimum of 2 hours per day for federations participating in a single competition (Individuals or Groups);
- Minimum of 3 hours per day for federations participating in both competitions (Individuals and Groups).

• OFFICIAL TRAINING SCHEDULES

Those official trainings will start on the 10th of May for all competitors, according to the flight time arrivals (ETA). Delegations must respect the designated training times and the allocated training floors. Access to the competition hall and to the training locations will be given only to the members of the delegation wearing their accreditation card and only during their respective training times.

The training schedules will be given to the Head of Delegation, his or her representative, during the accreditation procedures.



• GENERAL PROGRAM

9 May Wednesday (4ª)	All day long	Arrival of the delegations	
10 May Thursday (5ª feira)	All day long	Trainings in Competition Hall (according schedule)	
	14h30	Welcome Drink and Orientation Meeting (at City Hall)	
	16:00 - 19:30	Judges Instruction (at Competition Hall)	
	Morning	Trainings in Competition Hall (according schedule)	
	15:30 - 16:30	Judges meeting	
11 May	16:45 - 18:15	Individuals (Gr. A) Hoop; Ball	
Friday (6ª feira)	18:30 - 20:00	Individuals (Gr. B) Hoop; Ball	
	21:30 - 22:00	Opening Ceremony	
	22:00 - 22:50	Groups - 5 Hoops	
	09:30 - 12:30	Boat trip by the ocean and natural caves	
	14:15 - 15:15	Judges meeting	
12 May	15:30 - 17:00	Individuals (Gr. B) Clubs; Ribbon	
Saturday	17:15 - 18:45	Individuals (Gr. A) Clubs; Ribbon	
(Sábado)	18:45	Awards Ceremony for INDIVIDUALS All Around	
	19:00 - 19:50	Groups - 2 Ropes + 3 Balls	
	19:50	Awards Ceremony for GROUPS All Around	
	13:45 - 14:45	Judges meeting	
13 May Sunday (Domingo)	15:00 - 15:40	Groups Final - 5 Hoops	
	15:40 - 16:40	Individual Finals - Hoop; Ball	
	16:45 - 17:25	Groups Final - 2 Ropes + 3 balls	
	17:25 - 18:25	Individual Finals - Clubs; Ribbon	
	18h25	All Finals Awards Ceremonies	
	18:45 - 19:30	GALA and Closing Ceremony	
	20:30 - 00:00	Dinner and Farewell Party	
14 May Monday (2ª)	All day long	Departure of the Delegations	

4. CEREMONIES

• OPENING CEREMONY

The opening ceremony will take place on the 11th of May at 21h30 in the competition hall. Each Delegation must present to the parade 1 gymnast wearing leotard. She must be present at the warm up area no later than 21h15.

• AWARDS CEREMONIES

All awards ceremonies will take place immediately after the end of each competition. On the podium, awards will only be presented to the medal winners $(1^{st}, 2^{nd} \text{ and } 3^{rd} \text{ places})$:

12th May	18h45	Individuals all-around	Individual Gymnasts ranked 1 st to 3 rd
	19h50	Groups all-around	Groups ranked 1 st to 3 rd
13th May	18h25	Individuals and Groups (by the competition order)	Individuals and Groups ranked 1 st to 3 rd in each apparatus

• GALA & CLOSING CEREMONY

The Gala will take place in the competition hall after the last medal award ceremony on the 13th of May, from 18h45 to 19h30.

Any Individual gymnast or Group that is interested is invited and allowed to participate at the "Gala". This is a free participation.

The ones that are interested in the "Gala" performance must fill in the respective form that will be given at the accreditation procedures. This form with the registration for "Gala" performance, has to be returned at the LOC Office no later than the 12th of May till 21h00. After, the LOC will confirm the participation. This is because we have only 45 minutes for the "Gala" presentations. The presentation will be confirmed on the 13th of May at the LOC office.

5. MEETINGS

• ORIENTATION MEETING

The Orientation Meeting for the Heads of Delegation or his/her representative (no Judges) will take place on the 10th of May by 14h30 at the City Hall and after the welcome greetings given by the president of the Municipality of Portimão. Here is where the LOC gives the last updates for competitions and any other important informations. According FIG rules this is compulsory for one person for each Country.

LOC will prepare transportation from the Venue and return.



• JUDGES INSTRUCTION

The Judges instruction, conducted by the present FIG RG-TC Delegate, will take place on the 10th of May, from 16h00 to 19h30, at the Venue (Judges Room). All Judges must be present, is compulsory.

• JUDGES MEETINGS

0	11 th of May	15h30/16h30	at the Venue
0	12 th of May	14h15/15h15	at the Venue
0	13 th of May	13h45/14h45	at the Venue

6. ACCREDITATION

The accreditation procedures will take place, at the Venue, immediately upon arrival of the delegations, or by schedule, according the time of arrival at Portimão. Teams will have informations at each Hotel lobby.

Remember that only the persons who are at the nominative FIG registration can be accreditated.

The Head of Delegation or his/her representative must verify and confirm:

- The nominative list of the Team
- The National flag
- The National anthem

The Head of Delegation or his/her representative must show the following issues:

- Passports or Identity Cards of all the members of the Team
- Proof of all payments
- Certification of valid insurance, medical and accident insurance policies written in English language for all the Team
- Musics of all exercises, two CDs per each routine properly identified

Other remarks:

• Any missing photo will be taken upon arrival and the NF will be charged for an extra cost



of 20EUR – the accreditation will only be available later on – being provided a temporary access pass.

• Any missing payment must be done at the accreditation procedures.

If any of those steps is not dully fulfilled, the participation in the FIG RG WCCup of Portimão 2018 events will not be possible!

Accreditation card must always be visible at the venue. In case of losing the accreditation card a new one will be issued for a cost of 100,00 EUR.

7. TRANSPORTATION SERVICES

The LOC will provide free local transportation for all participants who paid an entry fee, from/to Faro's airport as well as from/to the hotel and the Venue (competition, training, and warm-up hall).

Arrival: **FARO's international airport (FAO)**. It's away from Portimão by bus – LOC provided – about 1h30.

For Competitions, there will be dedicated transportation for Judges and for Gymnasts, Coaches and other member delegations that are going to compete.

A schedule will be organized to the shuttle services, with one stop at each Hotel and the Venue.

As well for the social program running out of Venue (Portimão Arena) there will be dedicated buses.

LOC will give those informations during the accreditation procedures, but the Teams could also find them at each Hotel lobby.

8. MEALS SERVICE

A catering service for lunch and dinner will be organised for participants at the Venue area. A "meals card" must be showed to the access control. Those "meals card" will be delivered at the LOC office with the accreditation card.



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Timetable:

Breakfast	at the Hotel
Lunch	from 12h00 to 15h00
Dinner	from 18h00 to 21h00



LOC will have extra meal cards at your disposal by an extra cost to be informed.

• DINNER AND FAREWELL PARTY

The Final Banquet will be offered to all participants who have booked their accommodation trough the LOC, on the 13th of May, from 20h30 till midnight.

Extra -Tickets to the Final Banquet will be available at the cost of 25,00 EUR. Those tickets and reservation can be asked at the LOC Office until the 10th of May 2018 by 12h00, local time.

The LOC will not reimburse any cancelled entry ticket of the Final Banquet.

9. CONTROL OF THE APPARATUS

• During the training sessions in the competition hall, each delegation will have the opportunity to have its apparatus verified and have the official control label attached to it.



- During the competition, a control will be carried out before each exercise.
- A further check may take place at the end of the exercise at the request of the control judges or the superior jury.
- Any apparatus, which does not conform to the regulations, will be refused or its use penalized, even if it has already been accepted for another competition.

10. OTHER INFORMATIONS

- Competition results/scores will be informed at each Hotel lobby, by the end of each day.
 A full results book will be send to all participant National Federations, and to the FIG for download at FIG website;
- After each competition the results will be posted on different places of the Venue. We will not provide copy of the results after competition to delegations;
- Information boxes: each delegation has an information box at the entrance of the LOC Office at the Venue;
- There will be reserved seatings for Delegations members;
- Bottles of water and some fruit are at gymnasts disposal.

We wish you a good trip and we will be waiting for you!