



CASCAIS
Tudo começa nas pessoas.



**6th INTERNATIONAL "CASCAIS BEACH CUP"
COMPETITION MIXED
INDIVIDUAL TRAMPOLINE, SYNCHRONIZED
DOUBLE MINI TRAMPOLINE
(Individual ant Teams)
OPEN JUNIOR and OPEN SENIOR
11th and 13rd February 2018**



**DIRECTIVES
TRAMPOLINE, DOUBLE MINI-TRAMPOLINE**

Event ID: 15580

Dear FIG Affiliated Member Federation,

Following the decision of the FIG Presidential Commission, the **Portuguese Gymnastics Federation** has the pleasure to invite your Federation to participate in the afore mentioned official FIG International event.

Please find herein below the Invitation letter and the directives:

DISCIPLINE	Trampoline Gymnastics DMT
HOST FEDERATION	Federação de Ginástica de Portugal Estrada da Luz, nº 30A 1600-159 Lisboa / Portugal Tel: +351 21 814 1145 Fax:+351 21 814 2950 e-mail: gympor@gympor.com website: www.gympor.com
LOCAL ORGANIZING COMMITTEE	GSC – CASCAIS BEACH CUP Rua Plácido Abreu, nº 70 2775 Carcavelos Portugal Name: Helder Andrade Mobile: +351 910172734, +351 967020744 , +351 967287015 E-mail: cascaisbeachcup@gmail.com Website: www.gscarcavelos.org
LOCATION	Lombos Sport Centre, City of Carcavelos – Cascais – Portugal
DATE	10th and 13th February 2018
VENUE	Lombos Sports Hall Rua Feitoria 2775-Carcavelos / Portugal
APPARATUS SUPPLIED	Competition: Trampoline – Eurotramp - "Ultimate" 4x4 Ref. 03150, 4x4 mm bed Double Mini-Trampoline - Eurotramp - Art. 23200 Ultimate DMT 6x6 ToF - Acrosport TMD AS-1. Reference number : TRA15 TMD (Time Measurement Device) TRA15 Airtime Ref. v3
PROVISIONAL SCHEDULE	<u>Saturday, 10th February</u> All Day – Arrival of Delegations. Free training – time to be defined Handing of competition cards Head of Delegation Meeting TR and DMT Judges Meeting <u>Sunday, 11st February</u> Qualifying Rounds – TRI/DMT



	<p><u>Monday, 12nd February</u> Qualifying Rounds – TRI/DMT Finals – TRI/TRS/DMT</p> <p><u>Tuesday, 13rd February</u> Finals – TRI/DMT 21h30 – Banquet and Final Party All day – Departure of Delegations</p>
<p>RULES AND REGULATIONS</p>	<p>The event will be organized under the following FIG rules, as valid in the year of the event, with the exceptions foreseen in the present regulation.</p> <ul style="list-style-type: none"> ◆ Statutes ◆ Technical Regulations ◆ Code of Points and relevant Newsletters ◆ General Judges' Rules ◆ Specific Judges' Rules ◆ Doping Control Rules ◆ Licence Rules ◆ Media Rules ◆ Apparatus Norms ◆ FIG Rules for Sanctioning (approval) of International Events ◆ Advertising and Publicity Rules <p><i>and subsequent decisions of the FIG Executive Committee</i></p>
<p>FEDERATIONS INVITED</p>	<p>The "Cascais Beach Cup" is a International event, open to all clubs affiliated in the respective Federations as well as Representatives of National Federations, District or Regional associations.</p>
<p>AGE LIMITS</p>	<p>Individual Trampoline * Double Mini Trampoline</p> <p>Junior - 2001-2005 as per FIG age Senior: born in 2001 and before.</p> <p>All gymnasts must have a valid FIG licence, until the end of the event</p>
<p>ENTRY FEES</p>	<p>The cost for the entry fee is € 10 (ten euros) per gymnast per class.</p> <p>Entries will be considered on a first come first served basis. Entry (Use ON-Line entry or Forms on www.gscarcavelos.org)</p>
<p>EVENT FORMAT</p>	<p>PARTICIPANTS</p> <p>The "Cascais Beach Cup" is a International event, open to all clubs affiliated in the respective Federations as well as Representatives of National Federations, District or Regional associations. Each gymnast can only participate in one group in each of the classes. The classification for TRS will be the F2 score.</p> <p>FINALS – Individual The individual classification will be mixed, with Qualification for the Finals:</p> <ul style="list-style-type: none"> Until 10 participants – 6 gymnasts; Until 20 participants – 8 gymnasts; Until 30 participants – 10 gymnasts; More than 30 participants – 12 gymnasts. <p>The competitors with 8 (eight) best totals of the two executed routines in the qualifying</p>



rounds in the different classes, will participate in the final. In the case of less than 8 competitors, all of them will go to the finals. No competitor will go through to the final with a total score from the qualifications of zero. The individual classification of DMT in the Finals will be the sum of Preliminaries + F3 and F4 scores. The individual classification of TRI in the Preliminaries will be the sum of F1 and F2 scores. The individual classification of TRI in the Finals will be the sum of preliminaries + F3 score.

Tie-breaking rules as per FIG in valid Code of Points.

FINALS - Team

The Competition will have a individual classification and a team classification "All around", that will be total of the competitions of Double Mini-trampoline (DMT) and Individual Trampoline (TRI) .

The Mixed Teams will consist in maximum 8 gymnasts on each apparatus (from the same category and have to include male and female gymnasts). Each delegation may register more than one team. The team must have at least 3 and at most 8 gymnasts. The same gymnast cannot be in two different teams (but the gymnast can be in the same team in both apparatus).

The team classification will be the sum of the DMT team score with the TRI

team score (the scores are regarding to the Preliminaries).For the final team result count the top three scores.

The constitution of the teams cannot be changed in any of the apparatus and it is set until the nominative entries.

All participants will have individual classifications. The teams classifications will be in "All Around" system, which will include the results obtained by the teams in DMT and TRI.

Difficulty limits

Individual Trampoline

Junior (Male/Female) – in accordance with FIG B – as per FIG in valid Code of Points
"Open" (Male / Female) – in accordance with FIG A – as per FIG in valid Code of Points

Double Mini Trampoline

Junior and Senior - One skill must have at least 360° of somersault rotation

INSURANCE

The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.

The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the Members of their Delegation.

The Local Organizing Committee will verify the insurance upon arrival of the Delegation Members (e.g. cover note or photocopy of the valid policy). Delegation Members with



<p>ACCREDITATION</p>	<p>insufficient insurance cover must inform the Local Organizing Committee in advance.</p> <p>Delegation accreditation will take place upon arrival. For accreditation, Heads of the Delegations are required to bring the following documents:</p> <ul style="list-style-type: none"> • Passports of all members of the delegation; • Proof of total payments; • Proof of medical insurances; <p>All financial obligations must be fulfilled before arrival or during the accreditation. Accreditation card is personal for each of the delegation members. Accreditation card wearing is required at all times of the tournament.</p> <p>NOTE: <i>The Organizing Committee will be responsible for checking the validity of the gymnast' Licenses. No gymnasts will be accepted without a valid FIG License at the deadline of the Nominative Registration and until the end of the event.</i></p>
<p>JUDGES AND JURIES</p>	<p>It is compulsory that the participating Delegations bring 1 (one) judge with FIG judges brevet for every 8 competitors (2-9 = 1 Judge, 10-20 = 2 Judges, 20 or more = 3 Judges. The Clubs, Associations or Federations that don't oblige by the established rules relating to the disposability of judges will be penalized with the payment of 200 Euros (Two Hundred Euros) for each missing judge. The non-payment of the penalization will implicate the non-participation in the event of the respective competitors. All the judges indicated by the respective Clubs, Associations and Federations to the organization, will have to be present at the respective judges meetings.</p> <p>Note: Transport, accommodation and meals of the judges of each delegation are of the respective delegations responsibility.</p> <p>All judges must have a current valid FIG brevet at the time of the event.</p>
<p>BANK ACCOUNT INFORMATION</p>	<p>All payments must be made in euros, through bank transfer to the following account:</p> <p>Account Name: Grupo Sportivo de Carcavelos Bank: Montepio Geral Bank Agency: Carcavelos IBAN: PT50 0036.0217.99100007699.61 Swift code: MPIOPTPL Reference: Cascais Beach Cup (name of the Club, Association or Federation)</p> <p>Important Notes:</p> <ol style="list-style-type: none"> 1. All fees relating to the bank transfers are of the responsibility of the participating delegations. 2. Until payment is made entries will be considered as provisional, including accommodation and meals 3. Proof of payment must be sent with the respective identification to: cascaisbeachcup@gmail.com
<p>VISA</p>	<p>If any delegation require a Special Declaration/Invitation in order to obtain Visas for entry in Portugal, send information by e-mail (cascaisbeachcup@gmail.com) as soon as possible, the list with the complete names of all the elements of the delegation, dates of birth and respective numbers and validity of passports</p>
<p>WORK PLAN</p>	<p>Detailed information about the competition will be sent to participating delegations the beginning of January.</p>
<p>INTERNATIONAL TRANSPORTATION ACCOMMODATION, MEALS and LOCAL TRANSPORTATION</p>	<p>The members of the invited participants must pay for their international transportation.</p> <p>The Organisers will arrange at a determined fee, accommodation and meals from the competition see On-line Entry, www.gscarcavelos.org</p> <p>The costs is per person/night and includes (Package):</p> <ul style="list-style-type: none"> - Room - Breakfast (Hotel) + lunch + dinner



	<p>- Banquet</p> <p>- Transportation from either Lisbon Airport or Carcavelos train station to the competition venue or hotel and back</p> <p>- Transportation from the hotel to the competition venue and back.</p> <p>A - Hotel INATEL The costs in this hotel are as follows (the costs is per person/night): € 50 (single room) € 30 (double room) € 20 (quadruple room)</p> <p>B - Hotel ABLA The costs in this hotel are as follows (the costs is per person/night): € 50 (single room) € 30 (double room) € 28 (Triple Room) € 22 (Quadruple room or one more person)</p> <p>C – Seminário Hotel The costs in this low cost hotel are as follows (the costs is per person/night): € 40 (single room) € 27 (double, Triple room)</p> <p>The hotel rooms will be allocated on a “first come, first serve” basis. At the time of the Definitive registration (24th December 2017) 50% of the accommodation costs must be paid to the OC. The remaining 50% of the accommodation costs must be paid by 14th January or to be paid upon Accreditation in Cash (euros).</p>				
<p>ONLY MEALS (from 26th October to 29th October)</p>	<p>Cost of each meal per person (Lunch and Dinner) – 9 euros Cost of each meal per person acquired on accreditation (Lunch or Dinner) – 10 euros</p>				
<p>CANCELLATION POLICY</p>	<p>Definitive entries will only be accepted with payment of: 100% of the amount of the entries (amount not refund); Penalty for not having a Judge if that is the case (amount refunded until the 10th of January) ; The 50% of the accommodation and meals costs must be paid until 24th of December 2017 Cancellation of accommodation between 24th December and 14th January 2018, will be subject to a charge of 50€ per person. Cancellation of accommodation between 14th February 2018 and arrival are not refundable.</p>				
<p>MARKETING</p>	<p>FIG advertising and publicity norms must be respected.</p>				
<p>SOCIAL MEDIA</p>	<p>Home-page At our home page you will get updated information about the competition – www.gscarcavelos.org</p>				
<p>MEDICAL SERVICES</p>	<p>The Organizing Committee will provide a first aid medical service and emergency medical transportation in the competition / training area during the whole competition.</p>				
<p>SERVICES</p>	<p>For additional services (special transfers, extra days accommodation etc) kindly do not hesitate to contact us.</p>				
<p>DEADLINES</p>	<table border="1"> <tr> <td data-bbox="395 1872 948 1995"> <p>Provisional Registration (On-line, cascaisbeachcup@gmail.com) All Delegations that send their Provisional Registration (Declarations of Interest).</p> </td> <td data-bbox="948 1872 1544 1995"> <p>5th November 2017</p> </td> </tr> <tr> <td data-bbox="395 1995 948 2024"> <p>Definitive Registration (On-line,</p> </td> <td data-bbox="948 1995 1544 2024"> <p>26th November 2017</p> </td> </tr> </table>	<p>Provisional Registration (On-line, cascaisbeachcup@gmail.com) All Delegations that send their Provisional Registration (Declarations of Interest).</p>	<p>5th November 2017</p>	<p>Definitive Registration (On-line,</p>	<p>26th November 2017</p>
<p>Provisional Registration (On-line, cascaisbeachcup@gmail.com) All Delegations that send their Provisional Registration (Declarations of Interest).</p>	<p>5th November 2017</p>				
<p>Definitive Registration (On-line,</p>	<p>26th November 2017</p>				



CASCAIS
Tudo começa nas pessoas.



	cascaisbeachcup@gmail.com)		
	Nominal Registration	(On-line,	24th December 2017
	cascaisbeachcup@gmail.com)		
	Accommodation Form	(On-line,	10th December 2017
	cascaisbeachcup@gmail.com)		
	Travel Schedule Form	(On-line,	10th December 2017
	cascaisbeachcup@gmail.com)		
	Meals Form	(On-line,	10th December 2017
	cascaisbeachcup@gmail.com)		
	Payment 50% of the Entry Fee		26th November 2017
	Payment 50% of the Accommodation and Meals Costs		24 th December 2017 Cancellation of accommodation between 24 th December and 14 th January 2018, will be subject to a charge of 50€ per person. Cancellation of accommodation between 14 th February 2018 and arrival are not refundable.

Place and date:
Lisbon, 03/01/2018



Paulo Araújo

Signature of the President or
Secretary General of the FIG affiliated NF